

MERCY COLLEGE, PALAKKAD, KERALA

(GOVT. AIDED ARTS AND SCIENCE WOMEN'S COLLEGE)

(AFFILIATED TO THE UNIVERSITY OF CALICUT)



NATIONAL SERVICE SCHEME

UNIT 06 & 34

(MINISTRY OF YOUTH AFFAIRS AND SPORTS, GOVT. OF INDIA)

(UNIVERSITY OF CALICUT)



REGULAR ACTIVITY REPORT 2025-2026

REGULAR ACTIVITY REPORT 2025-2026

The activities for the academic year 2025-2026 began as soon as the college reopened on June 1st 2025.

Second year NSS volunteers were asked to assemble on 04.6.2025. Action Plan of NSS for the year 2025-2026 was discussed in detail. Volunteers came up with the list of activities to be done during the year. 90 second year volunteers attended the meeting.



On June 5th 2025, NSS units observed environment day in association with Forest Department, Nemmara, Ashrayam Rural Development Society Nemmara and Lions Club of Palakkad Heritage Society by distributing saplings to the people of neighbouring locality. Different varieties of saplings were distributed with the intention of spreading the idea of making our earth green. 6 second year volunteers participated in the programme.





On the same day 34 volunteers gathered at Kollengode town junction and went to St Mary's LP school, Achanangode for plant distribution at School. A seminar regarding environment day was attended by the volunteers. Volunteers distributed seeds to the school students and planted new plants in the school. By 1 pm Volunteers went to Seetharkund waterfalls for cleaning and collection of plastic waste with the guidance of Kollengode Range Forest Officers. After collecting plastic waste, Volunteers planted indigenous trees at the Seetharkund area and conducted seed bombing with the prepared seed balls.



June 19 is observed as National Reading Day. The day is a tribute to the effort of PN Panicker who tried to transform society with his literacy movement in India. On 17.6.2025, NSS volunteers were asked to read a book from the college library, write a book review on the favourite book. They were also asked to post a selfie pic with one of the favourite books that they have read.



On 18.6.2025, NSS volunteers brought seeds of variety of plants from home and made 484 seed balls as a green initiative. This was given to Forest Department, Nemmara and Ashrayam Rural Development Society Nemmara who will initiate seed bombing.



In association with Food Safety Department Palakkad, NSS units decided to organise a Walkathon on 18.06.2025 as part of World Food Safety Day Observance. 75 NSS Volunteers participated in the “Eat Right Walkathon” holding placards from District Collectorate to Fort Maidan. They could convey the message of the importance of good diet, need of sugar cut etc to the public.



Food Safety Department Palakkad in association with the NSS units kept a sugar board in the Campus It highlighted the grams of sugar in different drinks commonly consumed by students. The Board also display the number of diabetic patients in the country, highlights the harmful effect of the use of sugar and the ways and importance of “Eat Right” strategy.

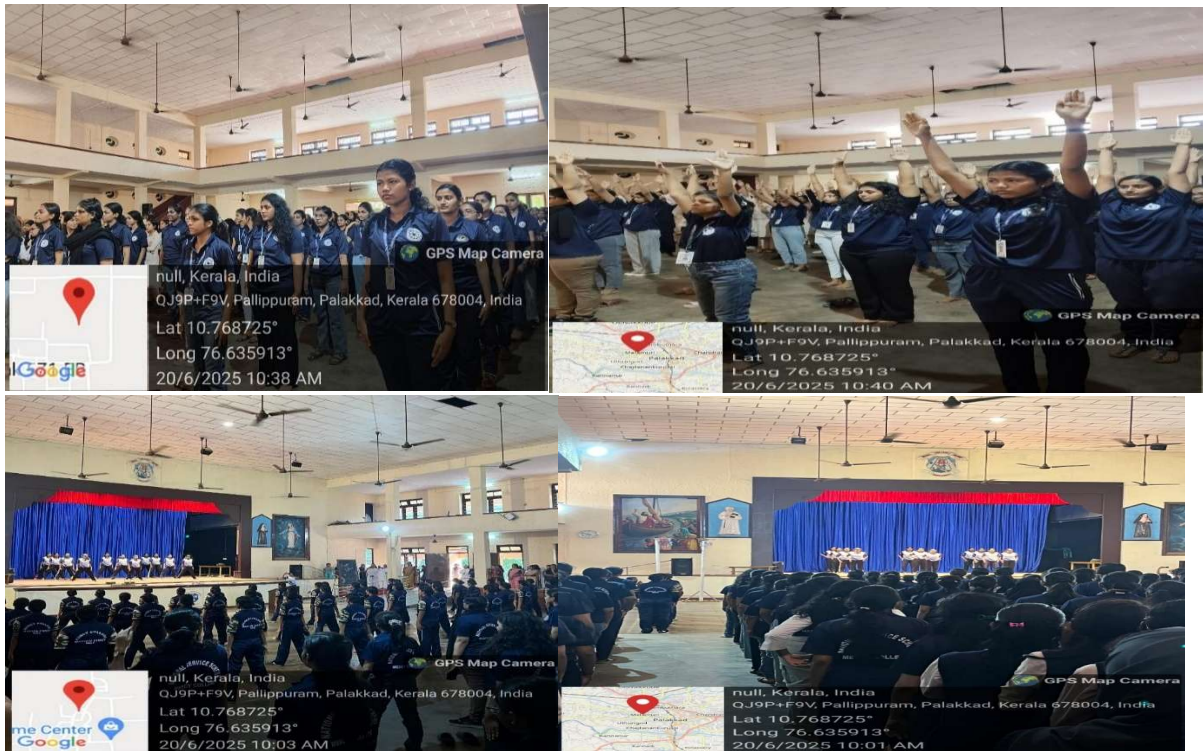


On 19 .6.2025, ICAI Palakkad Chapter in association with NSS units distributed fruit saplings to the NSS Volunteers 20 varieties of saplings were distributed with the intention of spreading the idea of making our earth green. Fruit saplings were distributed to students and members of non – teaching staff with the intention of spreading the idea of making our earth green



On June 20th 2025 NSS units observed International Yoga Day. A session demonstrating Yoga for Wellness was organised at the college auditorium. The

Physical Education Department led the session. The NSS Volunteers actively participated in the programme.



On 20.6.2025, NSS units in association with Haritha Keralam Mission organised the Go Green Campaign- Oru Thai Nadam . Volunteers planted saplings at AR Police Camp Kallekkad. The initiative aimed at spreading green , creating a green space on earth and protecting the environment.

MERCY COLLEGE PALAKKAD - NSS UNIT

ഹരിത കേരളം മിഷൻ
 "ഒരു തൈ നടാം"
 വൃക്ഷവൽക്കരണ ക്യാമ്പയിൻ

ഉദ്ഘാടനം: ക്യാമ്പ് ഡയൂട്ടി ഓഫീസ് ഇൻ ചാർജ് ശ്രീ.റഫീഖ്

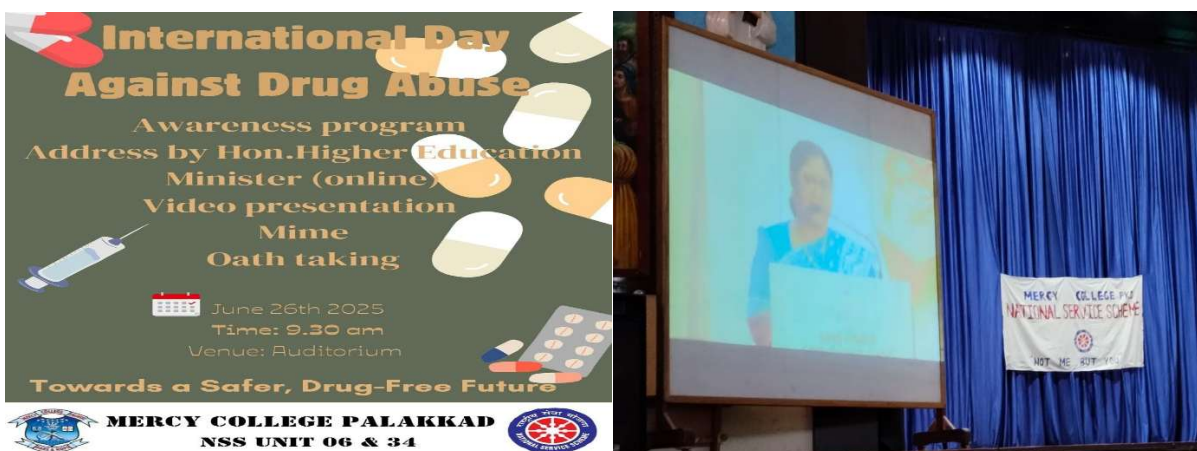


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On 23.6.2025, Avitis Super Speciality Hospital Nemmara issued the Mitra health card to the members of NSS family. The health card was issued to the Volunteers and to the Programme Officers. The card holders will be able to get discount rate in all the services and tests provided by Hospital. This will be of great help to the needy students. The Card was distributed by Mr. Nishand, Business Development Officer, Avitis Hospital.



International Day Against Drug Abuse and Illicit Trafficking was observed at the College Auditorium, on 26th June 2025, with the theme “Breaking the Chains: Prevention, Treatment and Recovery for all”. The programme began with NSS Geetham followed by Presidential address by Principal Dr. Sr. NM Louly. The live telecast of the programme of higher education department was done. After the address by Hon. Minister for Higher Education, Students and teachers took oath “Saying no to drugs”. A video presentation on “Life is beautiful” and we can avoid drugs by engaging in other activities and hobbies was presented by NSS volunteers.



A mime showing that Drugs can harm brain and body and it can hurt the people around us, including friends, families, kids, and even unborn babies, drug use

can also lead to addiction which affects our lives very badly was shown by the NSS volunteers. MSW students performed a street play highlighting the harmful effects of drugs and different laws related to drug abuse that currently prevail in our country.



Every Saturday, five NSS volunteers participate in the College library arrangement and cleaning activity. NSS volunteers assist library staff in continuous monitoring of the stack room, displaying of new material on the display racks and arrangement of the books and periodicals on the shelves after use. The periodicals, damaged and torn books must be bound and the old and obsolete documents which are no longer in use must be withdrawn from the stacks for which the volunteers help the attenders in the College library.



Directorate of Animal Husbandry, Department of Education and World-Wide Veterinary Service jointly initiated the Project- Mission Rabis . As part of this project, awareness sessions on rabis are done in all the schools ,colleges and other communities. A session was done on 18.07.2025 by Ms. Deepa V. Palakkad District Officer, World-Wide Veterinary Service to the NSS Volunteers at 12.30 PM. Ms. Deepa's session was very informative covering all aspects related to rabis, what should be done at the time of bite by animals, how to deal will stray animals, animal vaccination, vaccination at the bite of animals. Rabis preventive measure etc.



Vijnana Keralam is a Government of Kerala initiative to create lakhs of jobs by promoting innovation, skill development, and employment across diverse sectors. Mercy College IQAC, Career guidance and Placement Cell and National Service Scheme observed the World Youth Skills Day on 17. 7.2025. College decided to setup a Skill Centre which will initiate youth empowerment programmes specially focusing on skill development. The Skill Centre will update on job openings, training programmes, and career opportunities to the students. The YouTube streaming of the World Youth Skills Day Programme of Government of Kerala was done in the college auditorium at 1.30 PM. The inauguration of the Skill Centre was done by Dr. Sr. N.M Louly Principal Mercy College. The IQAC coordinator Dr. Rekha Vasudevan delivered the presidential address. Students were asked to register and participate in the Vijnana Keralam Janakiya Campaign which is a pivotal initiative in Kerala's transition to a knowledge economy, and which aim to align skill development and employment creation with the state's developmental goals. Career guidance and Placement Cell Coordinator Ms.

Deepthy Jose, NSS Programme Officers Dr. Anu Kuruvilla, Dr. Deepa N. coordinated the programme.



On 2.8.2025, 20 NSS second year volunteers actively coordinated and volunteered the Mega job fair 2025 organised by the Department of Commerce. The volunteers very efficiently coordinated the registration of job seekers and recruitment process of 40+ companies which participated in the job fair.



On 5th August 2025, volunteers participated in a green initiative in association with Lions Club of Palakkad Heritage City. Volunteers distributed 25 saplings to the public . People were from Pallippuram and Kallikkad , they were given saplings of fruits and vegetables.



National Service Scheme (NSS) units 06,34 organised an orientation session for the second year NSS Volunteers on 13.08.2025 at 1.30 PM . Sri. Brahmanayakam Mahadevan is known for conducting orientation sessions, particularly for National Service Scheme (NSS) units and other educational institutions. Sri. Brahmanayakam Mahadevan is a National Youth Award-winning social activist, international motivational speaker, and National Service Scheme (NSS) trainer known for his work with young people and individuals with special needs. He is the founder of the NGO Sahajeevan, which focuses on the development of individuals with mental challenges. The session focussed on motivation, life skills, and leadership training. His session was activity oriented

and aimed to inspire and motivate volunteers. 94 Volunteers enjoyed and actively participated in the session.



On 14.08.2025 second year NSS volunteers participated in the cleaning drive campaign- Swachata Abhayaan from 3PM to 6 PM at Palakkad Railway Junction (Olavakkode). The programme intended to spread the message by Mahatma Gandhiji- Be your own Scavenger. The volunteers actively participated in the

drive by cleaning the area allotted to them. They were given certificates by Indian Railway for their participation.



On 15th August 2025, NSS volunteers participated in the Independence Day programme organised in the college. The idea behind the initiative is to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian National Flag. Volunteers attended the programme at 8.30 AM in the college, Principal hoisted the flag, gave Independence Day message, students sung the national anthem and sweets were distributed to the students.



‘Har Ghar Tiranga’ is a campaign to encourage people to bring the Tiranga home as a symbolic of not only an act of personal connection to the Tiranga but also an embodiment of commitment to nation-building. On 15th August 2025, NSS

volunteers actively participated in Har Ghar Thiranga Campaign- *bring home and fly Tiranga with pride*. Volunteers hoisted flag at their home, recited national anthem and posted photos in Mybharat portal.



Four NSS volunteers Fathima Rimsha II BA English , Redhwa M II BSc Biotechnology, Athira R II BSc Physics and Gopika R II BSc Physics participated in the University level three-day residential camp YUVA SHAKTHI organised

by NSS University of Calicut held at Majilis College Autonomous on 15th to 17th August 2025



The Skill Kerala Global Summit is poised to be a landmark international event, bringing together thought leaders, industry pioneers, policymakers, academics, entrepreneurs, and aspiring changemakers to firmly establish Kerala as a premier destination on the global talent map. By creating powerful synergies between skills, innovation, employment, and entrepreneurship, the summit aims to catalyse transformative growth and position Kerala as a global hub for talent and opportunity. NSS volunteers actively coordinated the registration to Skill Kerala Global Summit. Volunteers of each department elaborated the importance of the event to the students and teachers of the department and made them register for the event.





National Service Scheme Units 6 & 34 organised a Blood Donation Camp on 20.08.2025 from 10AM onwards in the college auditorium in association with Paalana Hospital Palakkad and in collaboration with Rotary Club of Palakkad East. Blood donation is literally life-saving which helps people. The details of Blood Donation Camp were informed to the people of neighbouring locality, autorikshaw drivers, head load workers etc by the NSS volunteers.



NSS Volunteers, students of the college and also people from outside donated blood and actively participated in the camp. Certificates were distributed to all who donated blood.



NSS Units in association with Department of Bio technology and DDRCC Agilus Diagnostics organised Red Flags – Spot them early programme on 20.8.2025 at 12.50 PM. Onam health package discount coupon was launched by Smt. Mini Babu Ward Councillor. An awareness session on Genomics in cancer – A new era

of awareness and prevention was handled by Dr. Sinto M.S., Molecular Geneticist, DDRC Agilus Diagnostics, Ernakulam.

A health checkup service including various blood tests in a discount rate for the students, teaching and non-teaching staff was done by DDRC at 12 PM in the Auditorium.



As part of the Palakkad Municipality Climate Action Plan (Net Zero Project), 63 NSS volunteers of Mercy College, in collaboration with Equator Geo Pvt. Ltd., conducted household and commercial surveys on 30th and 31st August 2025 across selected areas of Palakkad Municipality for carbon emission analysis. The

data on the questionnaire prepared on carbon emission was collected from the households and shops of Palakkad Municipality.



Orientation to all the first year UG students regarding National Service Scheme , the primary objective of the programme, activities of NSS units in the college, grace marks awarded , need for developing the personality and character of the student youth through voluntary community service was given by the NSS Programme Officers as well as NSS Volunteer Secretary from the third year Degree Programme on 18.09.2025. Benefits of being a NSS Volunteer was elaborated to the students. Students were asked to think and inform the Programme Officers if they are interested in joining NSS.



On 12.09.2025 an orientation session on Project Ganitham: Empowering Children in Palakkad District was organised in association with Insight for Innovation (NGO). The project aims to provide Social Internship opportunity for the volunteers. As a Social Intern, volunteers will help students build a strong foundation in Mathematics and English and make a meaningful difference in your community and make a positive impact in the lives of students in classes 6-9 in Palakkad district. The orientation session was by Ms.Akshaya K S, Volunteer Development & Project Coordinator, Insight for Innovation. Senior volunteers shared their experiences about Project Ganitham to the juniors.



On 19.09.2025 a Physical fitness session by Dr. Sreejith , Assistant Professor and HoD , Department of Physical Education, Mercy College was organised .

Physical fitness sessions play a vital role in promoting overall health and well-being. They help individuals maintain a healthy body, improve mental strength, and develop a positive lifestyle. Regular fitness activities enhance stamina, flexibility, and muscle strength, while also reduce the risk of lifestyle diseases. NSS volunteers actively participated in the session. The resource person made the volunteers do some of the steps which are very useful to make them fit.



On 22.09.2025 the State NSS Cell of the Government of Kerala and Kerala State AIDS Control Society jointly organized a folk campaign for the NSS volunteers in the College Seminar Hall. The programme was inaugurated by Dr. Sr. N.M. Louly, Principal Mercy College Palakkad. Folk Campaign was by the Nattukoottam group from Wayanad. Folk Campaign was very effective which enlightened the volunteers on “Beyond Stigma: Understanding the Social Impacts

of HIV/AIDS”, “Combating Misinformation: Educating Communities about HIV/AIDS” and “Institutions and Services available to HIV/AIDS patients”



National Service Scheme Units organised an Anti-drug Campaign on September 24th, 2025. The campaign was led by Sri. Ramesh Chennithala MLA, (Former Leader of Opposition, Kerala Legislative Assembly) and inaugurated by Sri.V.K. Sreekandan Hon. MP. NSS Volunteers participated in the Walkathon “SAY NO TO DRUGS”. Drug use and its dangerous effects was beautifully explained by Sri. Ramesh Chennithala. He said that drugs can harm brain and body, sometimes permanently. It can hurt the people around us, including friends, families, kids,

and even unborn babies. Students took oath saying no to drugs. 20 volunteers participated in the programme.



September 24 is observed as NSS Day. Mercy College NSS units 06,34 decided to celebrate NSS day by arranging a food packet distribution programme on 24th September 2025. NSS volunteers were asked to bring food packets from home. Students brought food packets. 180 food packets were distributed by the students to the needy people in the street near Town bus stand, Fort maidan and Palakkad railway station. Feeding the homeless is important as they may not have food without this. The initiative took a bite out of hunger of the people in the Palakkad municipality area.

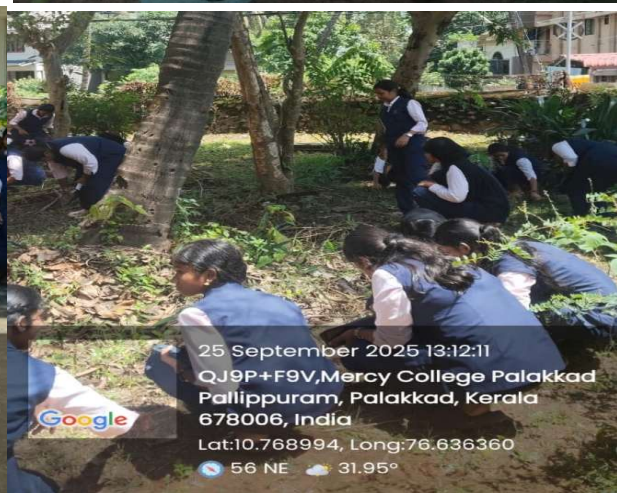
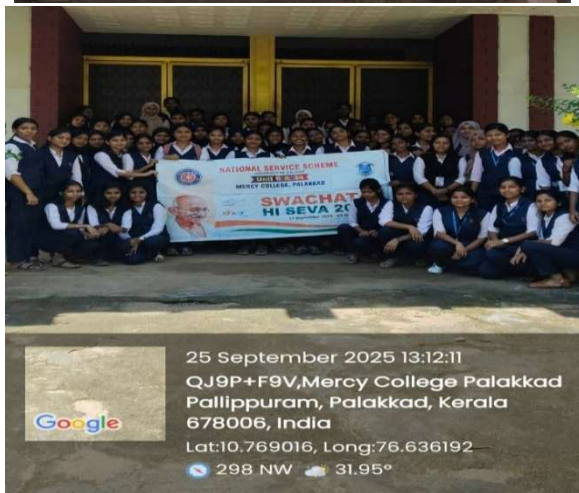




A Suchitwa Marathon in association with a Palakkad Municipality is an awareness-building event organized to promote sanitation and waste management, spearheaded by the Suchitwa Mission in Kerala. On 25/9/2025 a marathon was organised by the Department of Health Palakkad , Govt of Kerala in which 76 volunteers actively participated. The primary goal is to change public behaviour regarding waste disposal. The marathon was flag off by Smt. Prameela Sasidharan, Municipal Chairperson. Marathons and awareness campaigns created effective way to attract large crowds and spread the message of cleanliness and sustainability in Palakkad Municipality area.



Mercy College Palakkad NSS unit 06 and 34 organised the Swatchata hi Sewa campaign on 25/09/2025. NSS volunteers actively engaged in campus cleaning activity. As part of Swatchatha Hi Seva programme 91 first year volunteers of NSS Unit Mercy College have done collection of plastic waste, plucking of grass, garden maintenance, and cleaning in the college campus.



On 27/09/2025 NSS Programme Officer Dr. Anu Kuruvilla attended Beat Plastic Pollution- Workshop on plastic waste management organised by Mathrubhoomi Malayalam Daily at Top in Town Convention Centre Palakkad



NSS units in association with Avitis Super Speciality Hospital, Nemmara, Palakkad observed World Heart Day. Flash mob and awareness campaign on various heart diseases and its symptoms, measures to be taken, CPR etc was also done at 5 places in Palakkad- Palakkad Stadium stand, Alathur, Vadakkanchery, Nemmara and Chittur on 29.9.2025. A memento recognising the effort of NSS volunteers was given by Avitis Super Speciality Hospital, Nemmara.



In Kerala, DISHA is an initiative by the state's Directorate of General Education (Higher Secondary Wing) to provide career guidance to students. Every year, the department organizes a large-scale "Higher Studies Expo" under the DISHA banner, featuring dozens of educational institutions from across India. The program is designed to help students explore academic and career options after the 12th grade, providing information on various courses and their prospects. On 9-10 October 2025 DISHA – Higher Education Expo of Palakkad District was organised at Higher Secondary School Kannadi palakkad. Mercy College had a

stall in which the NSS volunteers elaborated on FYUGP and courses available in the College to the Higher Secondary students.



NSS volunteers actively participated and served the community on 12/10/2025 in the Pulse polio immunisation program. The program involves door-to-door vaccination efforts and special "booth" days, administering drops to children under five years of age to maintain high immunity and protect against the disease. Volunteers supported the medical teams at different Anganwadies of

Palakkad by writing the register, maintaining the queue, applying ink on the finger of the child etc.



ഭാരതത്തെ പേളിപേളിമരുന്ന് രാജ്യമായി നിലനിർത്താനുള്ള യജ്ഞത്തിൽ പങ്കാളികളാകൂ...



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Palakkad, Kerala, India
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On 12/10/2025 NSS volunteers of Mercy College, in collaboration with Equator Geo Pvt. Ltd., conducted household and commercial surveys Phase II as part of the Palakkad Municipality Climate Action Plan (Net Zero Project). The data on the questionnaire prepared on carbon emission was collected from the households and shops of Palakkad Municipality for carbon emission analysis.



Self-defence Session- "Strike Back" was organised for the NSS Volunteers on 14.10.2025 The session was arranged in association with Women and Child department Palakkad. The session was inaugurated by Dr. Sr. NM Louly, Principal, Mercy College in the esteemed presence of Jishitha E District Women Protection officer, Department of Women and Child Development and Adv Beena, Legal Counsellor who offered felicitations to the programme. The self-

defence moves were shown to the volunteers by the Police officers Arumughan V, ASI of Police, Janamaithri Asst. District Nodal officer and the Training Team 1.Sarala ASI, Hemambika Nagar PS 2.Ushas R, CPO Malampuzha PS 3.Sajitha CPO Cherplasser PS . The session was important because it improved physical fitness and boosted self-confidence that help to prevent dangerous situations. Beyond self-protection, the session taught valuable life skills such as discipline, focus, and the ability to protect others, while also providing a way to build mental and emotional resilience.



NSS Volunteers actively participated in the Ganitham project- teaching basic English and maths to the students of Vennakara Government High School, Palakkad on 7/10/2025, 8/10/2025, 14/10/2025, 21/10/2025. The class helps the

students in the LP, UP section to understand English and maths easily and there by develop grammar and numerical skills.



On 10/9/2025 first round of selection to Pre RD, NIC and other camps were conducted at University of Calicut Campus. Three volunteers- Ms Athira , Ms Gopika and Ms Fathima Rimsha A participated in it and Ms Fathima Rimsha A got shortlisted to the second round of selection. On 16.09.2025 second round of selection to Pre RD, NIC and other camps were conducted at University of Calicut Campus . Ms Fathima Rimsha A of BA English was selected for the National Integration Camp representing University of Calicut,

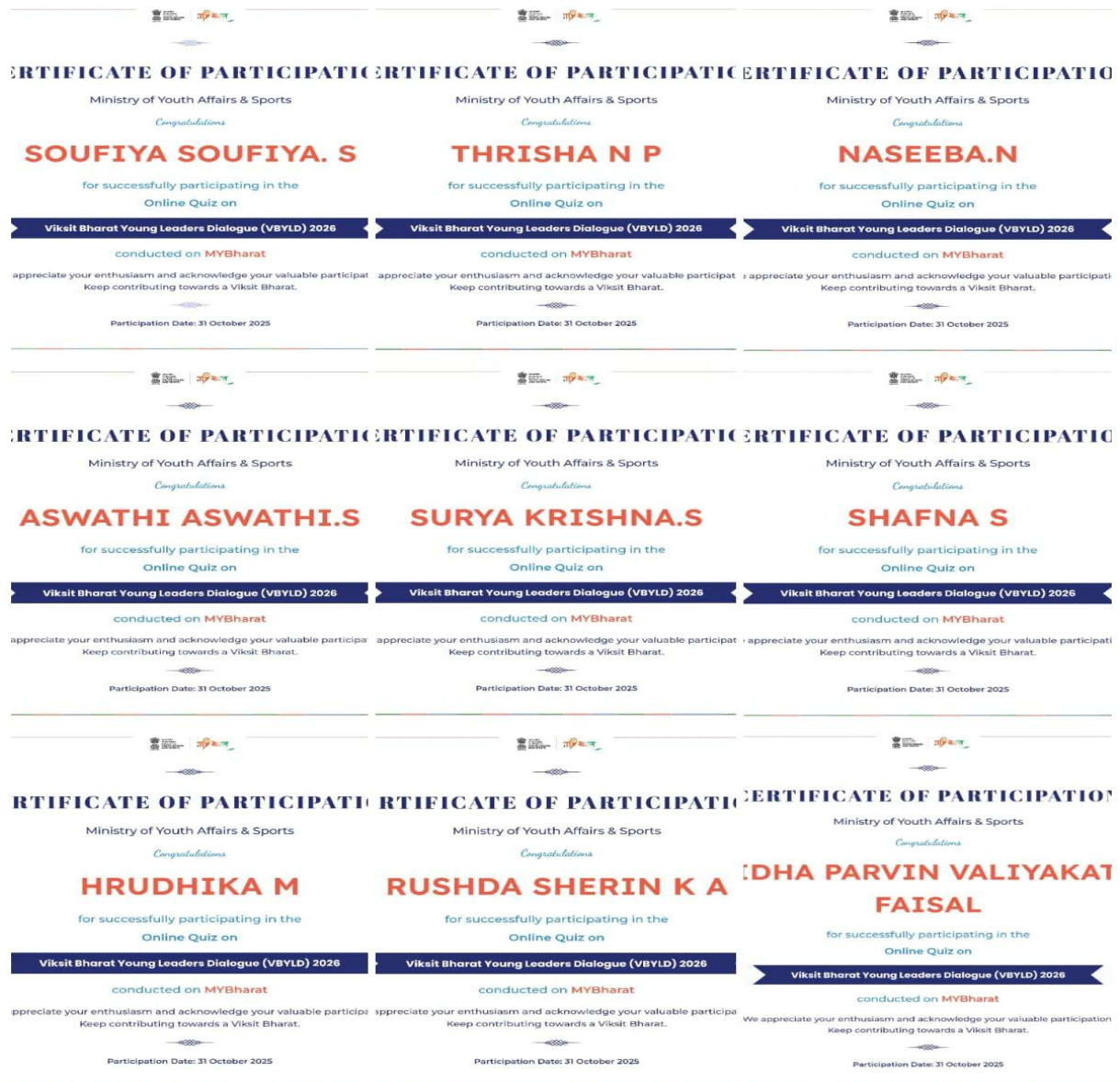


Cancer awareness programs are important because they help prevent many cancers through lifestyle changes, promote early detection by educating people about symptoms and screening, and work to reduce the stigma associated with the disease. By empowering individuals with knowledge, these programs can lead to earlier diagnosis, better treatment outcomes, and ultimately, save lives. NSS units organised a Cancer awareness programme on 24/10/2025. The month of October being considered as breast cancer awareness month, the session specifically included the discussion on breast cancer as well. Dr. V P Gangadharan Oncologist Lakeshore hospital Ernakulam was the resource person. Dr. V.P Gangadharan is well known and one of the best oncologist in Kochi, Kerala, India. He is the head of the medical and paediatric oncology department who handled an important and informative session. Sir also discussed and cleared the doubts of the students.





Viksit Bharat Quiz was promoted through all social media channels and NSS functionaries to ensure maximum participation and outreach. NSS Volunteers


were asked to participate in the Vikasit Bharat Young Leaders Dialogue 2026 - VBYLD Quiz. Volunteers actively participated in the quiz on 30.10.2025



Rashtriya Ekta Diwas, also known as National Unity Day is celebrated in India on 31 October. The day is celebrated to mark the birth anniversary of Vallabhbhai Patel who had a major role in the political integration of India. On 31 October, 2025, NSS units 06,34 celebrated the 150th birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India. The event commenced with the Unity Pledge, Programme officers and volunteers solemnly took the pledge to preserve the unity, integrity, and security of the nation and to dedicate themselves to fostering harmony among fellow citizens. PowerPoint presentations highlighting the life, vision, and contributions of Sardar Vallabhbhai Patel and his pivotal role in the integration of princely states post-independence was done by the

volunteers. A short video presentation showcasing Sardar Patel's efforts in uniting India was also done by the NSS volunteers.

 **NSS UNIT 06 & 34** 
MERCY COLLEGE PALAKKAD
150th birth anniversary of sardar vallabhbhai patel



SARDAR VALLABHBHAI PATEL
"Manpower without unity is not a strength unless. It is harmonized and united properly, then it becomes a spiritual power."
Program:1. Unity pledge
2. PPT presentation
Venue : Seminar hall
Day : 31th October 2025
Time : 12:50 to 1:30



On 4.11.2025, NSS Volunteers participated in the Unity March- Let us Walk for Unity, Rise for Nation – Sardar @ 150 at Fort Maidan, Palakkad. The District Level Padyatra was organised by Mera Yuva Bharat, Palakkad in association with National Service Scheme, Palakkad . The march glorified the theme of Ek Bharat Aatmanirbhar Bharat. The programme highlighted the effort taken by Sardar Vallabhbhai Patel in the political integration of India.



On 12.11.2025, NSS Programme Coordinator, University of Calicut Dr. V. Vijayakumar and District Coordinator Mr. Muhammed Rafeek T visited college. They interacted with the Principal and Programme Officers about the activities conducted by the NSS Units (regular and special camp). A detailed discussion on the action plan, future activities, fund utilisation, report preparation,

audit, ETI etc was done. Guidance suggestions for the smooth conduct of activities were given by the Programme Coordinator.



Ms. Fathima Rimsha was selected for volunteering the South Zone Pre RD Camp held at Lead College Dhoni from 10.11.2025 to 19.11.2025.





On 14/11/2025, Programme Officers visited Camp and interacted with Regional Director for NSS, Trivandrum Shri Y.M.Uppin and Kerala State NSS Officer Dr. Devipriya D. and NSS Programme Coordinator, University of Calicut Dr. V. Vijayakumar.



On 17.11.2025 an online meeting was called by the District Collector in which the volunteers were asked to assist the election officials in the SIR related work. The NSS volunteers participated in the activities related to SIR- Voter Support Mission Together with BLO- assisting the BLOs in the door-to-door data collection, Verification and data digitalisation of the collected SIR forms, assistance in SIR Camps from 20.11.2025 to 29.11.2025



Date	Place	No. of Volunteers
20.11.2025	Pirayiri, Yakkara, Palakkad Village Office	21
21.11.2025	Pirayiri, Kinassery, Palakkad, Polpully, Mundur	24
22.11.2025	Pirayiri, Kinavallur, Polpully, Kottayi, Parali, Pudupariyaram	10
23.11.2025	Pirayiri, Parli, Mathur, Kinavallur	10
24.11.2025	Mundur, Civil Station, Marutharoad, Kodumbu	14
25.11.2025	Pirayiri, Thenur, Civil Station	16
26.11.2025	Pirayiri, Collectorate, Thenur	15
27.11.2025	Pirayiri, Collectorate	14
28.11.2025	Pirayiri and Collectorate	12
29.11.2025	Elapully and Collectorate	3





On 25.11.2025, Women and Child Development , Govt. of Kerala organised “ Orange the World- Joining Hands to Fight Against Violence Towards Women”. NSS volunteers participated in the rally from Fort Maidan Palakkad to Civil Station Palakkad organised by District Women and Child Development Office Palakkad. Rally flag off was by Ms. M.S.Madhavikutty, District Collector Palakkad.

കേരള സർക്കാർ
 വനിത ശിശുവികസന വകുപ്പ്
25 November 2025
റാലി
Orange
The World Campaign

പുതിയൊരു നൂറ്റാണ്ടിന്റെ തുടക്കമായി അതിക്രമങ്ങൾ അവസാനിപ്പിക്കുന്നതിനായി ഐക്യരാഷ്ട്രസഭയുടെ നേതൃത്വത്തിൽ ആഗോളതലത്തിൽ സംഘടിപ്പിക്കുന്ന ഒരു സംരംഭമാണ് 'റാലി ഓഫ് ദി വേൾഡ്'. പുതിയൊരു നൂറ്റാണ്ടിന്റെ തുടക്കമായി അതിക്രമങ്ങൾ ഇല്ലാതാക്കുന്നതിനുള്ള അന്താരാഷ്ട്ര ദിനമായ നവംബർ 25 മുതൽ ഡിസംബർ 10 വരെ (മനുഷ്യാവകാശ ദിനം) നടക്കുന്ന ദിനോധിഷ്ഠിത അക്രമത്തിനെതിരായ 15 ദിവസത്തെ പ്രവർത്തനത്തിന്റെ പ്രധാന കാമ്പയിനാണ്. എല്ലാത്തരം അക്രമങ്ങൾക്കുമെതിരായ പോരാട്ടത്തിൽ റാലിയിൽ നിന്നും രാജ്യമെമ്പാടും സാഹിത്യവും ഐക്യരാഷ്ട്രസഭയെയും പ്രതികരിക്കുന്നു.

റാലി : കോട്ടയമുതലായും മുതൽ സിവിൽ സ്റ്റേഷൻ വരെ
റാലി ഫീഓയ് ഓഫ് ജില്ലാ കളക്ടർ , പാലക്കാട്.

ജില്ലാ വനിത ശിശുവികസന ഓഫീസ് , പാലക്കാട്
ഡിസ്ട്രിക്ട് സങ്കല്പ് : എസ് ഫോർ എംപവർമെന്റ് ഓഫ് വിമൻ



ഓറഞ്ച് ടി വേൾഡ് ക്യാംപെയ്ൻ: റാലി ഫ്ലാഗ് ഓഫ് ചെയ്തു

ഓറഞ്ച് ടി വേൾഡ് ക്യാംപെയ്റ്റിന്റെ ഭാഗമായി ചെമ്പൈക്കരത്തു നടന്ന ഓറഞ്ച് ടി കളക്ടർ ഏഷ്യൻ ഓഫീസിന്റെയും ഫ്ലാഗ് ഓഫ് ചെയ്തു.

പാലക്കാട് സ്ത്രീകൾക്കും പെൺകുട്ടികൾക്കുമെതിരായ അതിക്രമിതരായ ഓറഞ്ച് ടി വേൾഡ് ക്യാംപെയ്റ്റിന്റെ ഭാഗമായി നടന്ന റാലി കളക്ടർ ഏഷ്യൻ ഓഫീസിന്റെയും ഫ്ലാഗ് ഓഫ് ചെയ്തു. റാലി കളക്ടർ ഏഷ്യൻ ഓഫീസിന്റെയും ഫ്ലാഗ് ഓഫ് ചെയ്തു. റാലി കളക്ടർ ഏഷ്യൻ ഓഫീസിന്റെയും ഫ്ലാഗ് ഓഫ് ചെയ്തു.



ഓറഞ്ച് ടി വേൾഡ് ക്യാംപെയ്ൻ: റാലി നടത്തി

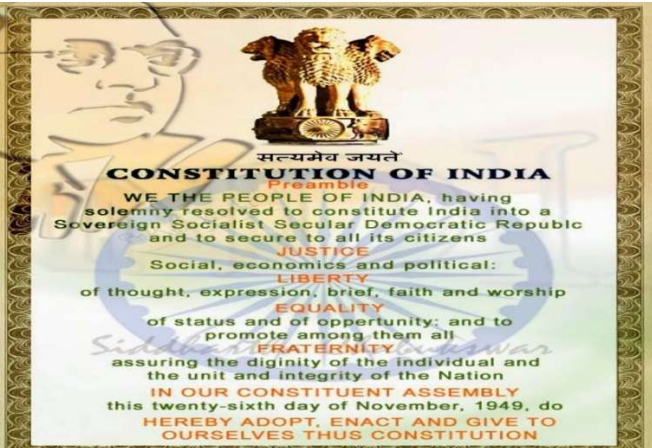
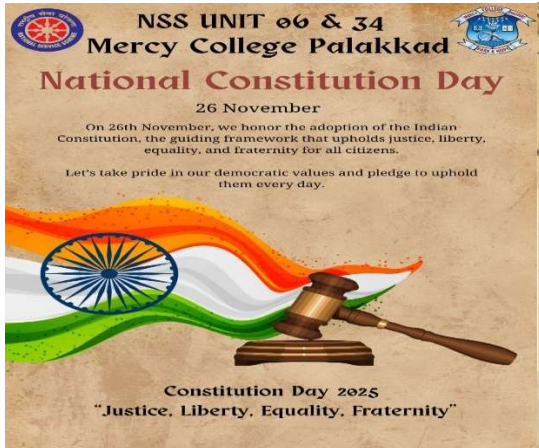
പാലക്കാട് സ്ത്രീകൾക്കും പെൺകുട്ടികൾക്കുമെതിരായ അതിക്രമിതരായ ഓറഞ്ച് ടി വേൾഡ് ക്യാംപെയ്റ്റിന്റെ ഭാഗമായി നടന്ന റാലി കളക്ടർ ഏഷ്യൻ ഓഫീസിന്റെയും ഫ്ലാഗ് ഓഫ് ചെയ്തു.

ഓറഞ്ച് ടി വേൾഡ് ക്യാംപെയ്റ്റിന്റെ ഭാഗമായി നടന്ന റാലി കളക്ടർ ഏഷ്യൻ ഓഫീസിന്റെയും ഫ്ലാഗ് ഓഫ് ചെയ്തു.

At Civil Station, NSS volunteers performed a dance drama which highlighted the issues of dowry, domestic violence and dowry death. The dance drama performed by NSS volunteers created awareness on the theme “Stop Violence towards Women”



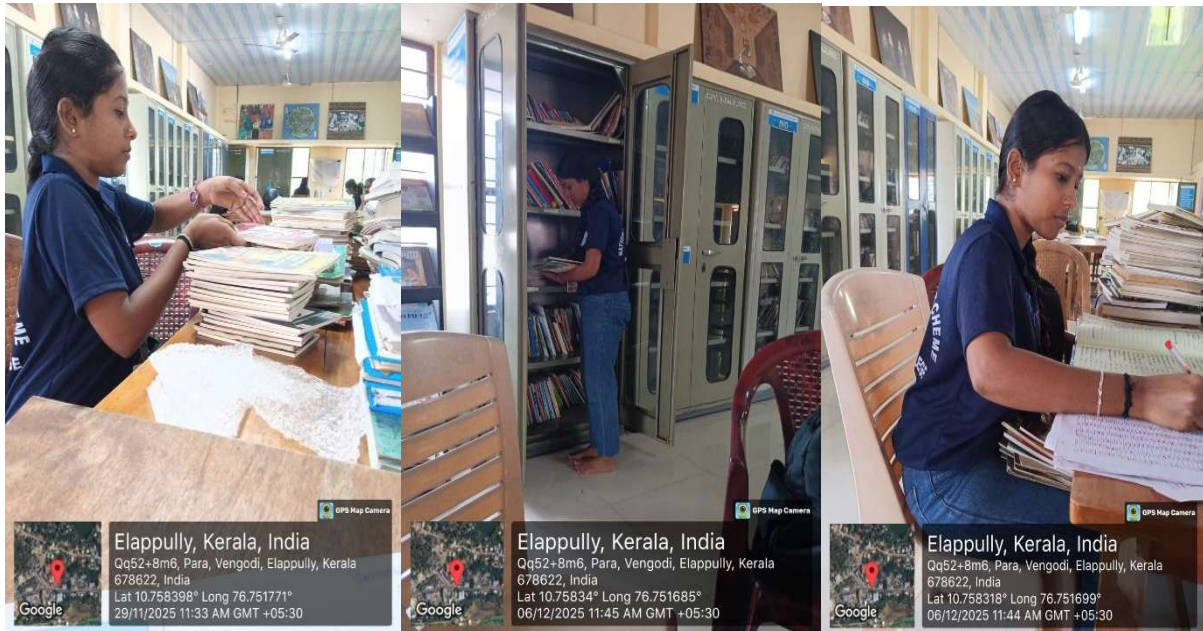
November 26 is celebrated as Samvidhan Diwas (Constitution Day) in order to commemorate the day of the adoption of the Constitution of India. As part of Constitution Day Observance, on 25.11.2025, NSS volunteers conducted “Read the Preamble” programme for the students of the college. The volunteers read the preamble of the constitution. NSS volunteers took Constitution Day pledge. NSS volunteers and staff members participated in the programme.



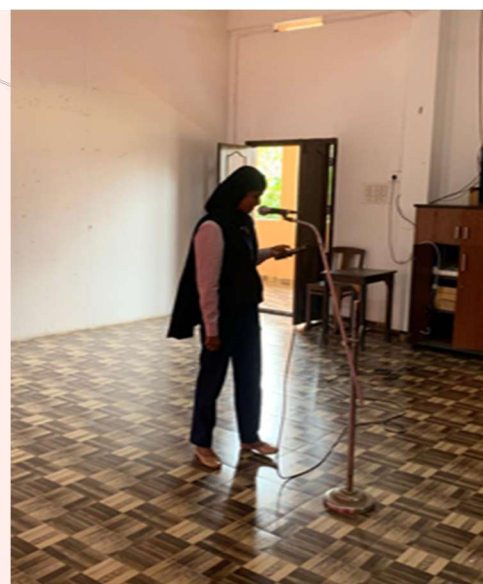
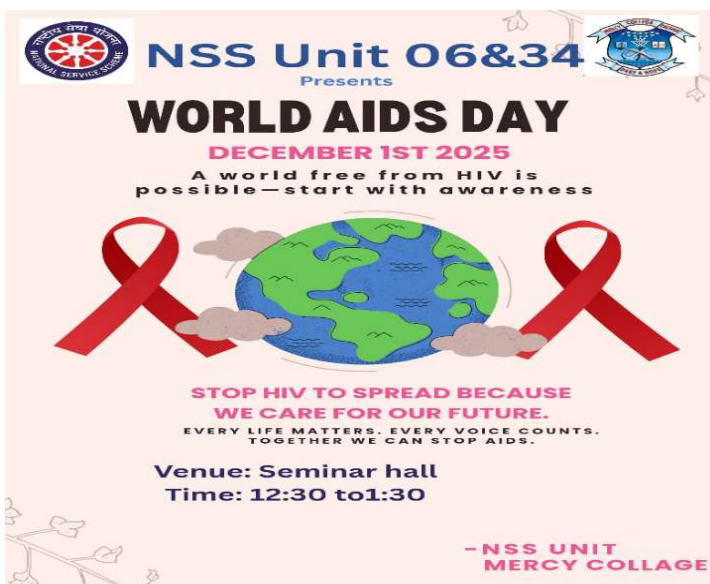
On 28.11.2025 Ms Shahalana II BA History has spent a day at Chomery Anganawadi- 117 Mannarkkad. She has rendered her service in the anganavadi teaching the children basic maths and English. She engaged the children with poems, riddles, and fun games



On 29.11.2025 and 6/12/2025 Aruna R D2 history did library arrangement and cleaning activity in the public library at Elappully panchayath. She supported the library staff in arrangement of the books and periodicals on the shelves after use. Besides these, she helped in dusting and cleaning the materials.



As part of World AIDS Day observance, NSS volunteers organised awareness programme on AIDS among the students and faculty members of the college on 1.12.2025. Volunteers took effort to educate people about AIDS prevention, non-discrimination, and care. Volunteers presented AIDS awareness talk by incorporating different aspects like “Beyond Stigma”, “Understanding the Social Impacts of HIV/AIDS”, “Combating Misinformation related to AIDS”, “Educating people about HIV/AIDS”. They presented the details and statistics of AIDS affected people in the country. Students also took oath on the day.





Avtis Super Speciality Hospital, Nemmara, Palakkad gave appreciation and gifts to the volunteers who participated in the Flash mob and awareness campaign which was done as part of World Heart Day on 29.9.2025. The gifts were distributed by Dr. Sr. N.M. Louly Principal Mercy College and Mr. Nishad, Avtis Super Speciality Hospital, Nemmara on 9.12.2025.



NSS volunteers rendered duty in the Local self-government election held on 11/12/2025 in the district of Palakkad. Volunteers supported the election duty officials as well as the public who came to the booth for casting votes. NSS volunteers actively supported the smooth conduct of the Local Self-Government elections by assisting the election authorities at various levels. They guided voters at polling booths, and ensured orderly queues, especially supporting elderly and differently abled voters. Volunteers also assisted in maintaining discipline, distributing voter slips, and providing basic information related to polling procedures.



National Service Scheme, University of Calicut organised a one-day workshop and district level Programme Officers Meet on 17.12.2025. Dr. Anu Kuruvilla and Dr. Deepa N attended the District Level Programme Officers Meet at Yuvakshetra College, Mundur, Palakkad. NSS regular activities, PFMS details, auditing of NSS accounts, 7 Day Residential Camp Programme etc was discussed in the programme. The programme was inaugurated by Mr. Ravi Meena IAS, Assistant Collector Palakkad. Sessions were handled by Dr. Vijayakumar, University NSS

Programmer Coodinator, Mr. Muhammed Rafeeq Palakkad District Coordinator and Mr. Noufal Muhammed , Malappuram District Coordinator.



YASIFA. M from BSc Botany & Binsiya Jasmin. B from BA. History participated in the Future Young Leader's Camp held at Yuvakshethra College, Mundur Palakkad on 19/12/2025 to 21/12/2025. They actively participated in the events held there like Youth Parliament, Yoga and Meditation Session, Career Readiness, Nature Walk Dhoni Waterfalls, experience sharing and feedback, certificate distribution etc.



Asna K. A, a student of D1 B.Com CA, actively participated in NSS work on 24/12/2025 at Koduthirapully Anganwadi. On this day, she completed the verification and updating of Anganwadi records and diaries. The registers and records of the Anganwadi was neatly written by her. The work was carried out carefully and successfully as part of the NSS programme.



Ms. Shahala k, student of D1 BA Economics, actively participated in NSS work on 24/12/2025, 26/12/2025, 27/12/2025 at Puthukulangara, Koduthirapully in Pirayiri panchayat. On these days, she helped the teacher in verifying and updating of Anganwadi records of distributing foods of adult. She assisted the medical staff at the Anganwadi in organizing activities and supporting health-related services to the people. She helped in teaching the children. This work was useful in supporting children’s education and gave a sense of responsibility and social service.



On 26/12/25 to 30/12 /25 Abhisha T R of I BSc Mathematics , D1 rendered her service in Mannur Thazhathepura Anganwadi Mankara, Palakkad by helping the teacher to correct the Identity mistakes in voters list. She also helped in children’s education by teaching children Malayalam and Maths



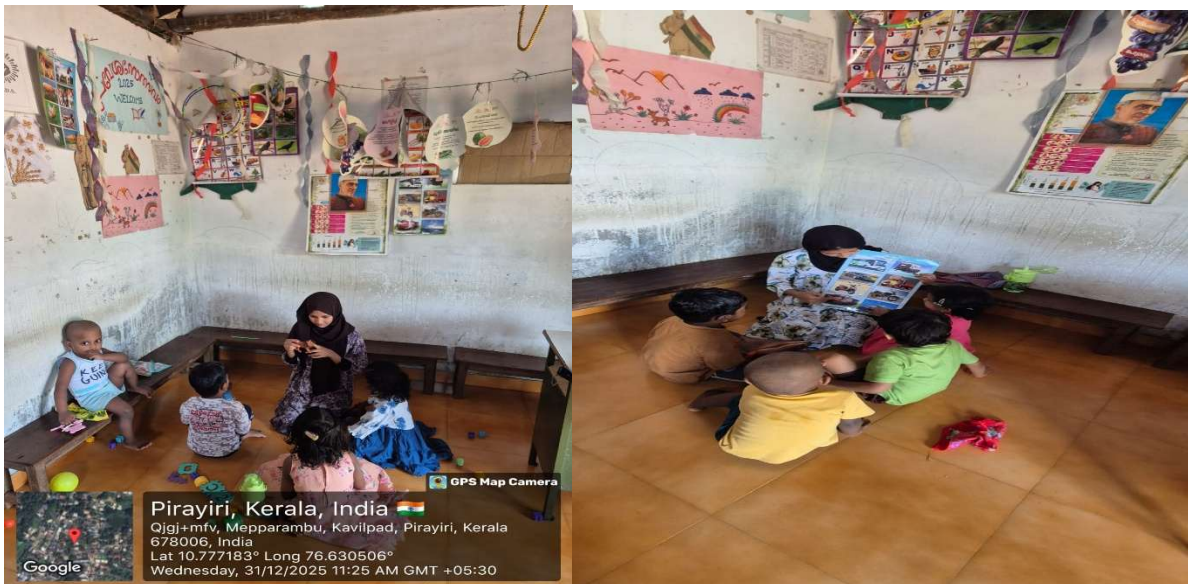
On 27/12/2025 and 29/12/2025 ,Arya E R I BCA student worked in Panniyampadam Anganavadi Centre 23 in the 5th Ward. She helped the teacher in her work and taught the students English and maths. She also handled a session on the topic “BMI and Physical Exercise” for parents and teenagers and helped the teacher for making reports.



On 29- 31st December 2025 Dharshan. Shankar of I BCom actively participated in Anganavadi Centre Jainmedu, Palakkad and took part in various learning and developmental activities organised for children. She taught rhymes, English and Malayalam songs to the children. She made children write basic alphabets and numbers.



On 30/12/2025 and 31/12/2025, Nidha Fathima .C.S actively participated in various activities at the Nellikad Anganwadi centre Mepparamb Palakkad. She helped the Anganwadi teacher in maintaining discipline, assisted in serving nutritious food to children and ensured cleanliness in the centre. She also helped in teaching basic lessons, rhymes, and games to the children. Health and hygiene awareness was given to mothers and children. Records and materials were arranged properly in the Anganwadi centre.



On 31/12/2025 Wednesday Akshaya.P and R Sai Gayathri of D1 History visited Anakamparambu Government Anganwadi. They supported the Anganwadi staff in managing children and maintaining a clean environment. They helped in serving nutritious meals and engaging children in simple educational activities

such as rhymes, drawing, and counting. Basic awareness on cleanliness and healthy habits was also provided.



Pooja M, of D1 BA Economics, participated in NSS work on 03/01/2026 at Kunnachi, Elappully. As part of the activity, she helped in teaching to children with basic English and maths. She supported the staff members and completed their delayed reports. This work was useful in supporting children's education.



As part of the NSS programme, NSS volunteers conducted leprosy diagnosis awareness survey at various wards. The main aim of the activity was to spread awareness about leprosy, its causes, early symptoms such as pale skin patches and numbness, and the availability of free diagnosis and treatment in government hospitals. The volunteers visited houses in the selected ward and interacted with residents to understand their level of awareness. With the help of the ASHA worker, the misconceptions and fear related to leprosy were cleared. The residents

cooperated well and showed interest in the programme. The activity was successfully completed within the scheduled time.

Leprosy diagnosis awareness survey was conducted on January 10 and 11, 2026 from 9:00 am to 3:00 pm in the Ward No.4, Pechiyamman Nagar, Kalpathy by Ms.Sanusha.S Ms.Nivya.M and Ms. Kshethra.B of NSS, along with the local ASHA worker Ms.Viji.



On 18/01/2026 ,Arya E R, Fathima Lubaiba KF D1,BCA, Manjusha M, VarshaV D1 B Com Finance student did leprosy diagnosis awareness survey in Mundur Panchayat at Ward 8.



National Disaster Management Society, National Service Scheme State Cell Kerala organised 7 day training programme Yuva Aapda Mitra on Disaster management at IRTC Mundur Palakkad. The training for batch 1 was from 16.1.2026 to 22.1.2026 in which volunteers from Mercy College participated. Five volunteers from Mercy College participated in the training for batch II from 17.1.2026 to 29.1.2026. Programme Officers Dr. Anu Kuruvilla and Dr. Deepa N extended support for the conduct of the camp at IRTC Mundur Palakkad



● എൻ.എസ്.എസ് വള്ളങ്ങിയർമാർക്കായി സംഘടിപ്പിച്ച ദുരന്തനിവാരണ പരിശീലന പരിപാടി ഡെപ്യൂട്ടി കലക്ടർ സാതി പത്രമോഹൻ ഉദ്ഘാടനം ചെയ്യുന്നു.

ദുരന്തനിവാരണ പരിശീലന പരിപാടിക്ക് ജില്ലയിൽ തുടക്കം

മഞ്ചേരി: ദേശീയ ദുരന്തനിവാരണ അതോറിറ്റിയുടെ യുവ ആപ്താമിത പദ്ധതിയുടെ ഭാഗമായി എൻ.എസ്.എസ് വള്ളങ്ങിയർമാർക്കായി സംഘടിപ്പിക്കുന്ന പ്രത്യേക ദുരന്തനിവാരണ പരിശീലന പരിപാടിക്ക് ജില്ലയിൽ തുടക്കമായി. സംസ്ഥാനം എൻ.എസ്.എസ് സെല്ലും ദേശീയ ദുരന്ത നിവാരണ അതോറിറ്റിയും സംയുക്തമായാണ് പരിപാടി സംഘടിപ്പിക്കുന്നത്. മഞ്ചേരി പത്തനിയത്ത് ഐ.ജി.പി കെയറിനിൽ അറിനയിൽ നടക്കുന്ന പരിപാടി മലപ്പുറം ജില്ല ഡെപ്യൂട്ടി കലക്ടർ സാതി പത്രമോഹൻ ഉദ്ഘാടനം ചെയ്തു. കാലിക്കറ്റ് യൂണിവേഴ്സിറ്റി മലപ്പുറം ജില്ല എൻ.എസ്.എസ് കോഡിനേറ്റർ മുഹമ്മദ് നാഹ്മദ് ഐ. അധ്യക്ഷനായി. പോളിടെക്നിക് ജില്ല കോഡിനേറ്റർ അൻവർ സുലൈമാൻ മുഖ്യ പ്രഭാഷണം നടത്തി.

ജില്ലയിലെ വിവിധ എൻ.എസ്.എസ് സെല്ലുകളിൽ നിന്നുള്ള 250 വള്ളങ്ങിയർമാർ മുൻ ഘട്ടങ്ങളിലായി നടക്കുന്ന പരിപാടിയിൽ പങ്കെടുക്കുന്നുണ്ട്. ഏഴു ദിവസത്തെ ക്യാമ്പിന്റെ ഭാഗമായി അടിയന്തര സാഹചര്യങ്ങളെ നേരിടുന്ന രീതികൾ, ദുരന്തമുഖങ്ങളിലെ പ്രവർത്തനങ്ങൾ, രക്ഷാപ്രവർത്തനത്തിന് ആവശ്യമായ മുന്നൊരുക്കങ്ങൾ, ബോധിക്ക് ലൈഫ് സപ്പോർട്ട് എന്നിവയിൽ വിദ്യാർത്ഥികൾക്ക് ഗണ്യമായ പരിശീലനവും അവശോധവും നൽകും. പരിശീലനം വീജയകരമായി പൂർത്തിയാക്കുന്നവർക്ക് സർട്ടിഫിക്കറ്റുകൾ ഐ.ഡി കൗൺസിലർ യൂണിഫോം എമർജൻസി കിറ്റുകൾ എന്നിവ നൽകും. പരിപാടിക്ക് ഡിസാസ്റ്റർ മാനേജ്മെന്റ് നോടൻ ഓഫീസർ മുഹമ്മദ് റഫീഖ് സാഗതവും എൻ.എസ്.എസ് ഐ.ടി.ഐ ജില്ലാ കോഡിനേറ്റർ സബീഹ് അഹമ്മദ് നസിയും പാറഞ്ഞു.



NSS volunteers celebrated republic day on 23.1.2026 at 12.30 PM . Volunteers sang patriotic song. Volunteer Secretary gave republic day message incorporating the need and importance of a nation becoming “REPUBLIC”.

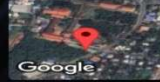



Mercy college palakkad
nss unit 34&06
 Conduct Republic day celebration
23/01/2026
Friday
 Venue: EV seminar hall
 Time:12:30 pm



26th *January*
REPUBLIC DAY

On this day, let's recall the sacrifices of the heroes who laid down their lives for the freedom we enjoy today.

Palakkad, Kerala, India 
 38/343/2, Opposite Mercy College,
 Pallippuram, Palakkad, Kerala 678006, India
 Lat 10.769135° Long 76.635791°
 Friday, 23/01/2026 12:44 PM GMT +05:30



On 26.01.2026, as part of Republic Day Celebration, NSS volunteers participated in the programme organised in the college. Volunteers attended the programme at 8.30 AM in the college, Principal hoisted the flag, gave Republic Day message, students sung the national anthem and sweets were distributed to the students.




Palakkad, Kerala, India 
 Pg, Tp Complex, 47/387, Near Mercy College,

On 2026 January 24 & 25 three NSS volunteers Arya E R, Fathima Lubaiba K F, of BCA and Shahla M of BA History attended Satmyam: Leadership Training Camp for NSS Volunteers (Palakkad & Wayanad District) MES Kalladi College Mannarkkad (Autonomous) Palakkad.



Anasha T R, student of D1 Bcom CA, Mercy College, Palakkad has actively participated in NSS work on 24/01/2026 for Saksharatha mission at Thenkurissi. On this day, I have conducted an exam. The work was carried out carefully and successfully as part of the NSS programme.



Municipality Biodiversity Management Committee of Palakkad Municipality conducted a discussion on data collection from different wards for the updation of PBR on 30.1.2026 2 PM at Palakkad Municipality Conference Hall. The 25 Volunteers who attended the meeting were given clear cut direction regarding the data to be collected from different wards.



NSS volunteers actively volunteered the CM Mega quiz programme Palakkad District level held at Mercy College on 30.1.2026 in the college auditorium. Volunteers did the arrangements in the auditorium, served refreshments to the participants, helped the quiz master in the smooth conduct of quiz programme.





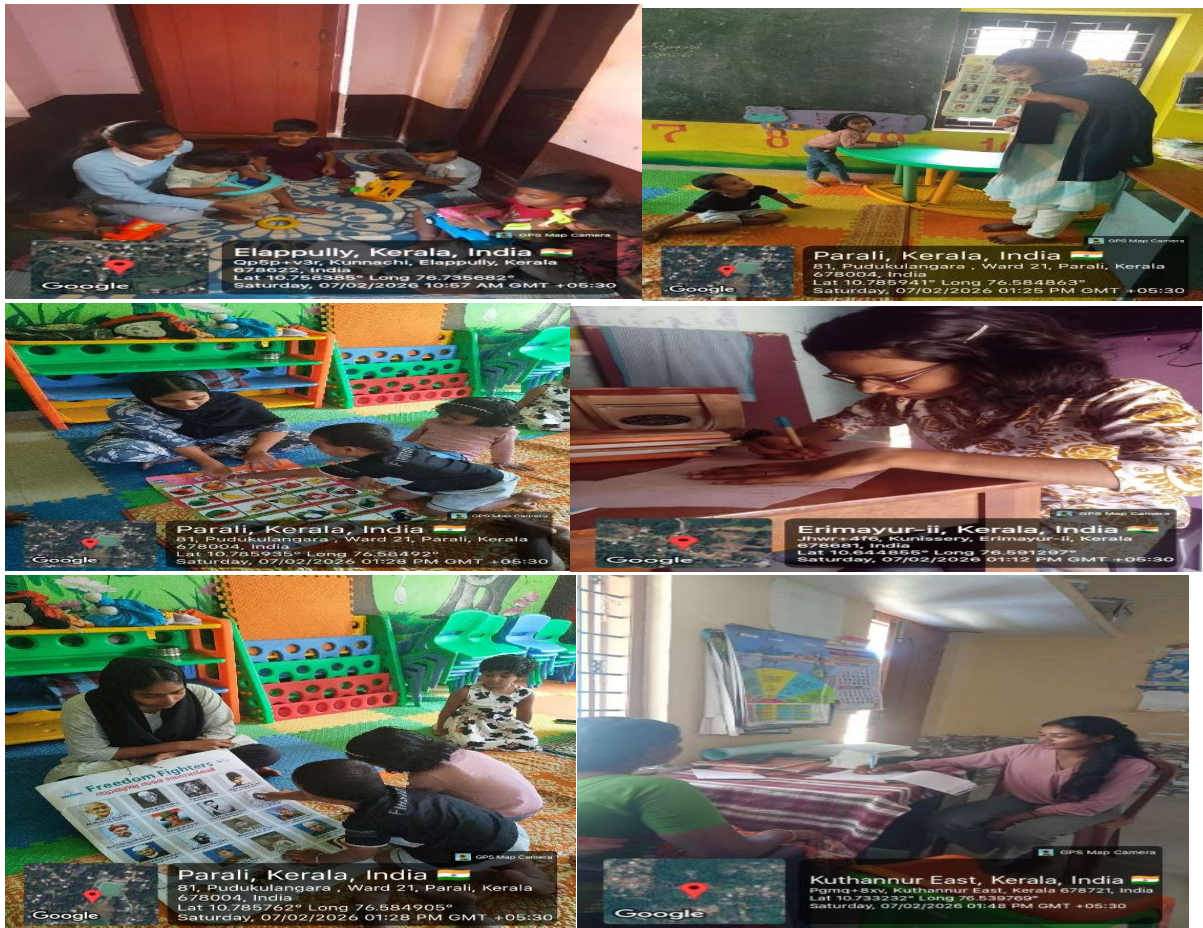
Malayala Manorama Daily and Gem Hospital Coimbatore organised a session on Health and wellness among women on 31.1.2026 at Top in town auditorium Palakkad. 10 NSS volunteers participated in the session which included aspects related to health-related issues in women and girls, breast cancer and early detection, menstrual problems, physical- psychological well-being in women problems in usage of drugs and alcohol etc were discussed.



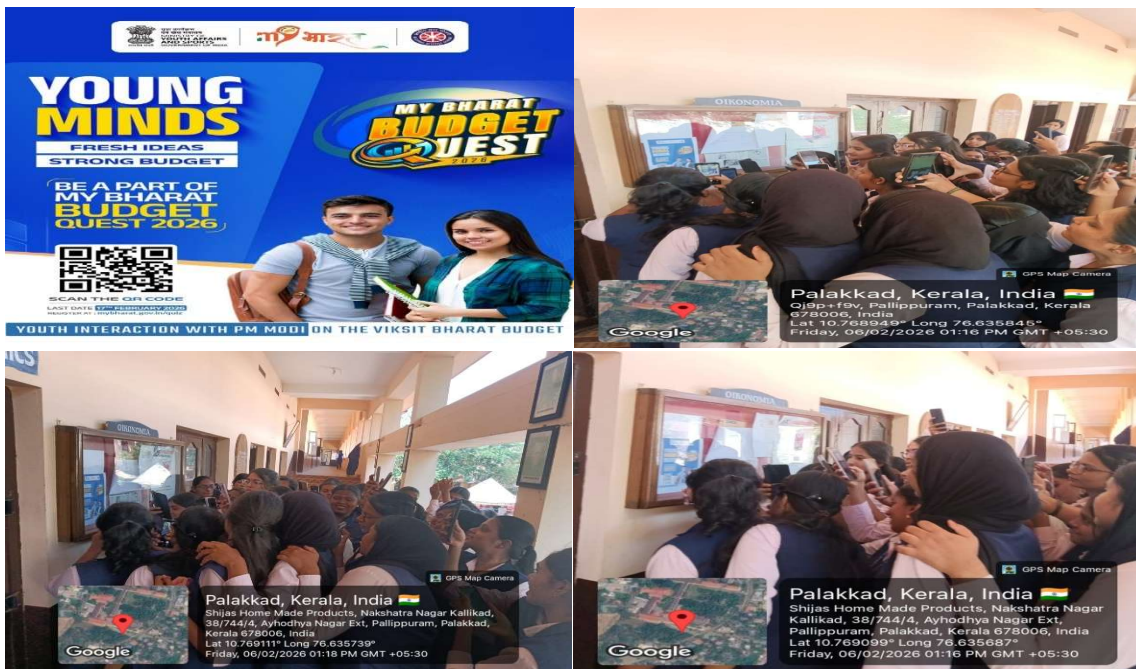
On 31.1.2026, NSS Volunteers extended their service at various Anganawadis- R Sai Gayathri student of BA history in Anganawadi Erimayur, Thanuja M A of B Com finance at Korangode Thenkurissi Anganawadi. Amrutha.S of BCA at Kollengode Kolumb, Anganawadi, Shahala K of BA Economics and Asna K. A, of B.Com CA at Koduthirapully Pirayiri Anganawadi. NSS Volunteers assisted teachers of the anganawadis in routine duties and child welfare activities, helped in measuring children's height and weight as part of regular health monitoring and ensured proper recording. They completed the updations of Anganwadi records.



On 7/2/2026 Pooja M, of D1 Economics actively participated taught rhymes, riddles and games to the children of Kunnachi Anganawadi, Elappully. Shahala K of IBA Economics, Jumana.P.A of I BCA , Asna.K.A of D1 B.Com CA taught children of Kodunthirapully Anganawadi Basic Maths and English and helped them in their learning activities. Dharsana Shankar of D1 BCom.Finance, actively participated in the updations of Anganwadi records at Vadakkanthara anganawadi. And Sai Gayathri of BA History and Meera.M, of D1 BCA did the updations of Anganwadi records and files at Erimayur 2 Anganwadi

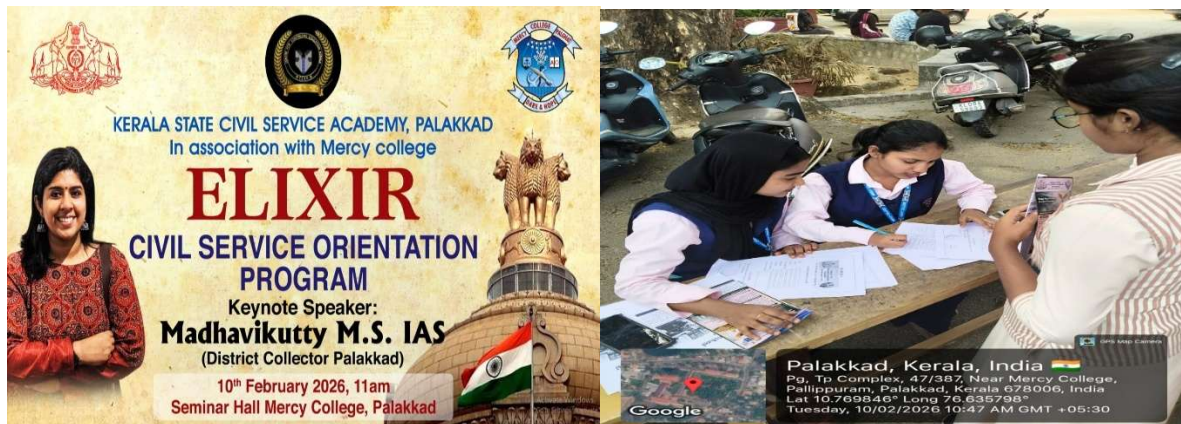


On 06/02/2026, NSS volunteers actively participated in the Budget Quest 2026. The Brochure was put on the notice board and students scanned the QR code and participated in the Viksit Bharat Budget Quest 2026.





On 10/02/2026 ELIXIR an orientation session on Civil Service Programme was organised by Kerla State Civil Service Academy Palakkad. 15 NSS volunteers actively volunteered the programme by arranging the room, doing the registration of the civil service aspirants, serving the refreshments to the participants and so on.



On 10/02/2026 NSS volunteers did the survey on biodiversity in various wards of Palakkad Municipality. The questionnaire for survey was prepared by Municipality Biodiversity Management Committee. The data were collected based on the guidelines given by Municipality Biodiversity Management Committee of Palakkad. The collected details were handed over to the Palakkad Municipality Biodiversity Management Committee.



On 13.2.2026 a meeting of the first year NSS volunteers was conducted at General class . Plan of activities for the months of March, April, May was done. Date of submission of NSS diary to the Programme Officer was decided. Volunteers were asked to fill in the application form for Mitra health card of Avitis Super Speciality Hospital Nemmara which will enable them to get discount rate in all the services and tests provided by Hospital. The filled application was handed over to Mr. Nishand, Business Development Officer, Avitis Hospital.



As part of Aksharonnathi programme, the NSS volunteers of our institution organized a Book Collection Drive. The programme aimed to collect useful books and distribute them to children from economically and socially disadvantaged backgrounds to promote reading habits and educational support. The drive was conducted over a period of two weeks. Students, teachers, and well-wishers generously contributed storybooks, textbooks, notebooks, and other educational materials. The volunteers carefully sorted and arranged the collected books to ensure they were in good condition. The collected books were handed over to the officials of LSGD Palakkad on 18/02/2026

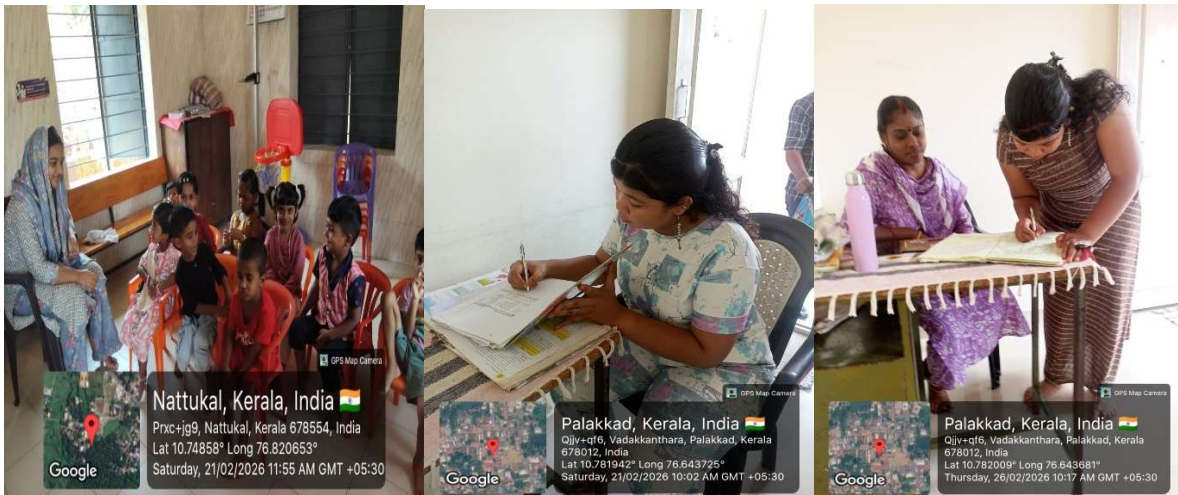




Ms. Fathima Rimsha of II BA English was selected as the Best NSS Volunteer for her outstanding contributions to the activities of National Service Scheme for the year 2024-2026.



On 21-02-2026 Yasifa M student of I BSc Botany rendered her service at Sooryapara, Kozhinjampara Anganwadi. On 21-02-2026 and 26-02-2026, Dharsana. Shankar of I BCom finance rendered service at Vadakkathara Anganwadi. They taught children English and maths, helped in updating the records of the anganawadi and supported the officials in their work.



Aarsha R and Amritha V, student of I BCom Finance and BSc Physics actively participated in Harithakeralam Mission National Environment Summit on 24-02-2026 at Uday Palace Convention Centre Thiruvanthapuram . They attended sessions including water budgeting, issues and challenges in the area of water, water scarcity as well as issues of flood in Kerala, need for and importance of water conservation, steps and measure to be taken for water conservation.



NSS Units 06, 34 was selected for the Appreciation by the NSS State Cell for the outstanding performance and significant contribution to the fulfilment of Manasagramam- flagship programme of NSS State Cell during the year 2025-2026. On 25/02/2026 Programme Officers Dr. Anu Kuruvilla and Dr. Deepa N received the award from NSS Regional Director Sri Y.M.Uppin sir and State NSS Officer, Govt. of Kerala Dr. Devipriya D , NSS Coordinator in the NSS State Award Distribution Ceremony held at Government Women’s College Thiruvananthapuram.





As part of project Ganitham , in the months of February and March 2026, special coaching for the annual exams and help for completion of exercises and activities in the study materials provided was also done to the school students.





GANITHAM has enhanced learning in mathematics, English and thinking skills of students in government and aided schools. It has helped to improve academic performance, confidence and leadership in school students.

The project GANITHAM received Appreciation for exemplary support and partnership in the success of Project Volunteer Driven IESP 2024-25. The award was given in Gold Category for the involvement of maximum volunteers and for helping maximum number of school students. On 14/3/2026, NSS Programme Officers (Unit 06 & 34) Dr. Anu Kuruvilla and Dr. Deepa N received the appreciation from Dr. Devipriya D. State NSS Officer in the Award Ceremony held at St Joseph's College (Autonomous) Irinjalakuda Thrissur. Student coordinators Ms. Revathy and Ms Abhinaya also received special appreciation from Dr. Devipriya D. State NSS Officer. GANITHAM has succeeded in empowering underprivileged children to inspire a brighter future.



On 14th March 2026 NSS volunteers participated in an awareness rally organised by the Eye Foundation Super Speciality Eye Hospital Palakkad as part of World Glaucoma Week 2026. The rally was inaugurated by Mr. Ajit Kumar IPS District Police Chief Palakkad and Mr. P. Smithesh, Palakkad Municipality Chairperson. The rally aimed to create public awareness about glaucoma, a silent eye disease that can lead to irreversible vision loss if not detected and treated early. Doctors, hospital staff, students, and members of the public actively participated in the rally. Participants carried placards and raised slogans emphasizing the importance of regular eye check-ups, early diagnosis, and proper treatment. The rally passed through key areas of the town, drawing the attention of the community and spreading valuable information about eye health.

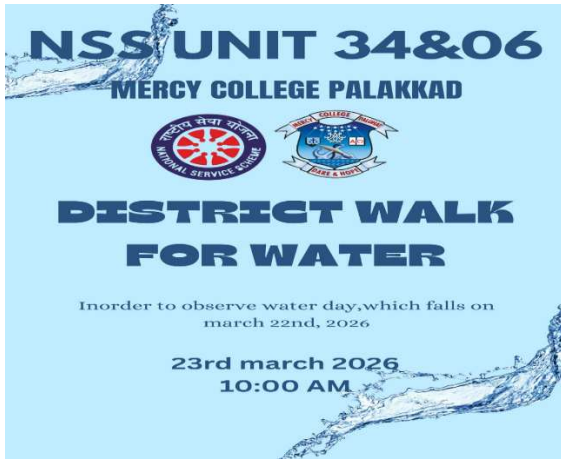


On 17/03/2026 a food packet distribution programme was organized at the Stadium bus stand and Palakkad Municipality with the aim of extending support to the needy and promoting the spirit of social responsibility. Volunteers actively participated in the initiative, brought and distributed food packets to migrant workers, daily wage labourers, neglected elderly persons in the roadside, and

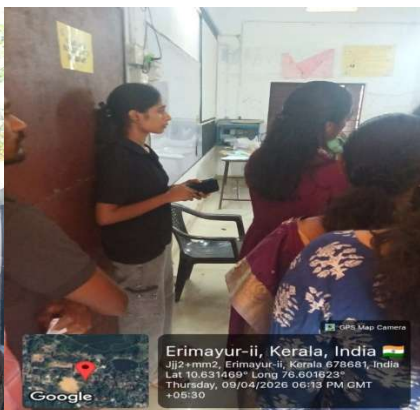
other underprivileged individuals present at the bus stand. The programme not only helped in addressing immediate hunger but also created awareness about the importance of sharing and caring for the marginalised sections of society. The initiative brought smiles to many faces and strengthened the values of empathy, service, and community engagement among the volunteers.

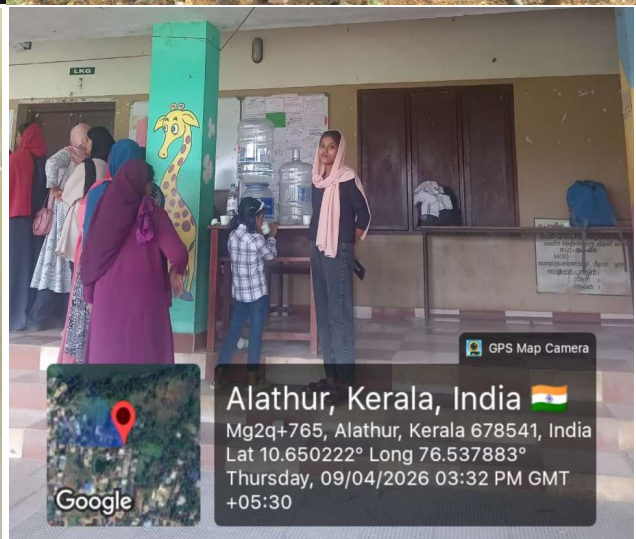


In connection with World Water Day Observance, NSS volunteers participated in the “District Walk For Water” on 23/3/2026. Flag off for the walk was done by Principal Dr. Sr. N.M. Louly. The walk began from College to GLPS Kallikkad and back to Mercy College. Volunteers marched holding informative placards and posters highlighting the importance of saving water, challenges in water access, role of women in water collection etc. Volunteers took a collective pledge to conserve water.




On 9.4.2026, volunteers actively participated in the Kerala General Election to Legislative Assembly Constituency- election duty at different polling booths in Palakkad. During the election process, volunteers assisted in various activities such as guiding the voters and managing crowd control to maintain order at the polling station. They paid special attention to elderly voters, helping them when they arrived and guiding them through the process so they could vote comfortably without any difficulty. Volunteers helped in maintaining the discipline in the queue, and supported polling officials to ensure a smooth and orderly process at the polling station. Volunteers helped to collect the phones and bags before entering inside the booth. Also they followed green protocol to keep the area clean. Overall, participating in election duty was a valuable and meaningful experience for the volunteers







Five NSS Volunteers got selected for the second round of Budget Quest. Athira V of I BSc Maths, Amrutha S, Meera M, Nayana Pradeep and Fathima Lubaiba K F of I BCA were the volunteers selected for live discussion with Prime Minister of India




**MERCY COLLEGE PALAKKAD
NSS UNIT 06&34**




CONGRATULATIONS




**Athira V
D1 Maths
Unit 06**




**Amrutha S
D1 BCA
Unit 06**



**Meera M
D1 BCA
Unit 34**





**Nayana Pradeep
D1 BCA
Unit 34**



**Fathima Lubaiba KF
D1 BCA
Unit 34**

**Heartly Congratulations to the MERCY COLLEGE
NSS volunteers who has been selected for a
virtual interaction with
Hon. Prime Minister Narendra Modi,
Organized by the Ministry Of Youth Affairs &**


Palliative Care-Santhwanam

NSS units decided to participate in the Palliative care programme in association with the Palliative Care Unit of District Hospital Palakkad. The volunteers started their home care along with District Hospital Officials to different houses and rendered services to the needy patients from 07.6.2025 onwards.



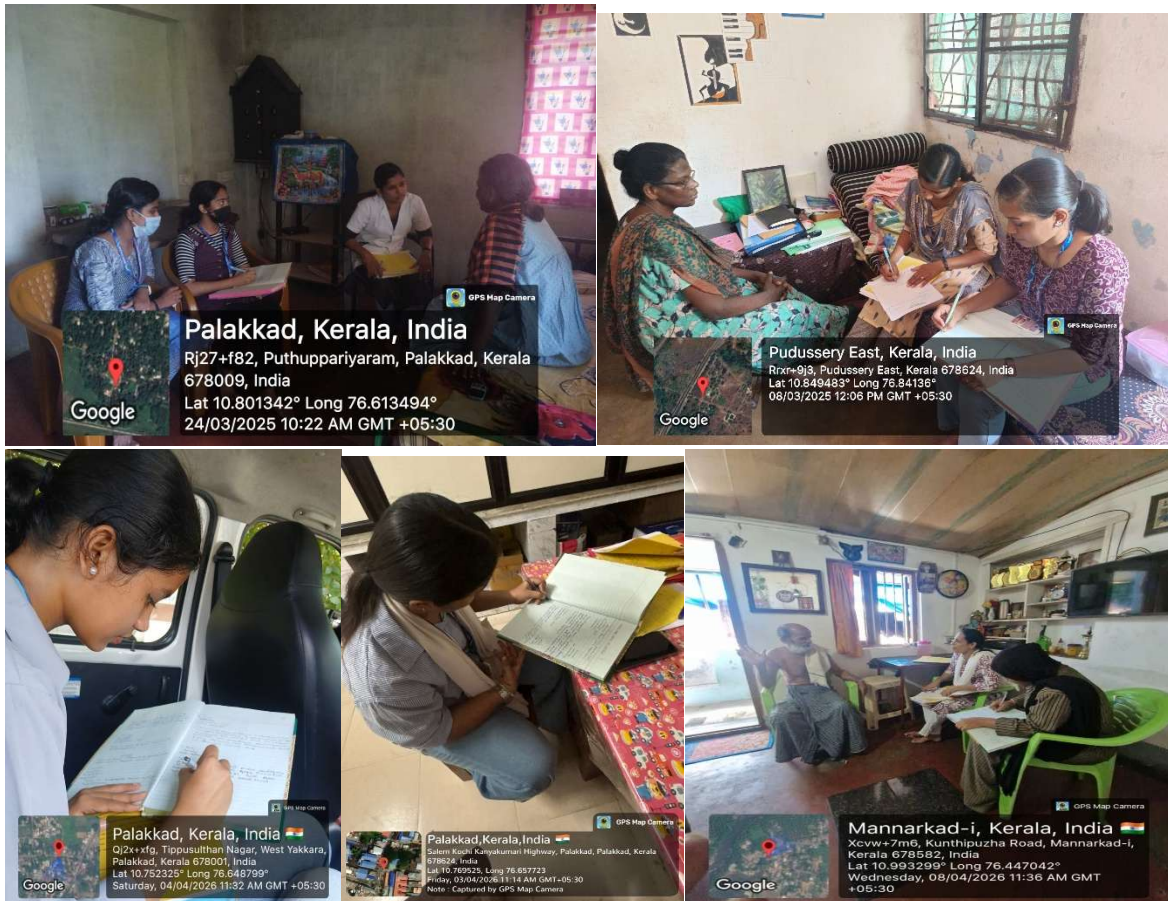
On 29/12/2025, 31/12/25 & 1/1/26 Varsha V and Manjusha M of I BCom rendered their service Madrasa Anganwadi, Mundur Palakkad. They organised various learning development activities organised for children these activities helped improving social interaction basic learning skills, and overall personality development . On 30/12/2025, they visited K C Balakrishnan Palliative Care Centre Mundur, Palakkad and provided social support and emotional care to elderly people



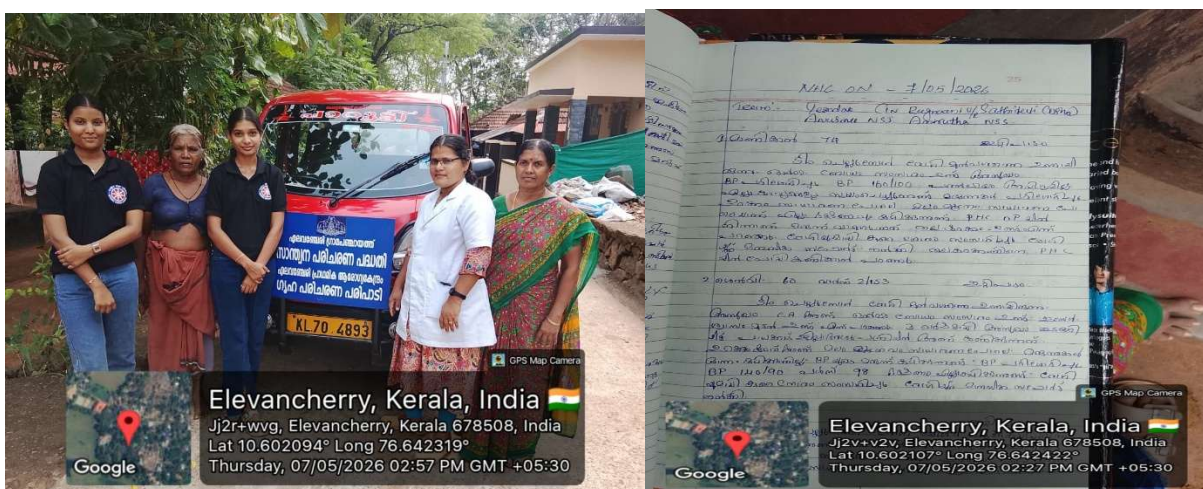
During the academic year 2024-2025 and 2025-2026, in association with the District Hospital, Palakkad, one hundred NSS volunteers who had successfully completed training in palliative care actively participated in home care services as part of their community outreach activities. The training equipped the volunteers with the knowledge and skills required to support patients suffering from chronic illnesses, bedridden conditions, and age-related health issues. Through this initiative, the volunteers gained first-hand experience in compassionate caregiving while extending meaningful assistance to patients and their families within their own homes.

During the home visits, the volunteers worked closely with healthcare professionals and functioned as an integral part of the palliative care team. They were accompanied by healthcare workers, ASHA workers, nurses from the District Hospital, Palakkad, and staff from various primary health centres. Under their guidance and supervision, the volunteers assisted in patient care activities, interacted with family members, provided emotional support to patients, and helped in identifying the immediate needs of those receiving palliative care. Their presence brought comfort and companionship to patients who often faced social isolation and emotional distress. The initiative proved to be a valuable learning experience for the NSS volunteers, fostering in them empathy, social responsibility, and a deeper understanding of community health challenges.





On 7/5/2026, as part of the NSS program, Amrutha and Anusree of BCA participated in palliative care duty at Palliative Care Unit Elavanchery Valluvakundu . They were assisted Mrs.Yashoda Nurse and other officials of health centre, ASHA worker Sathi Ma'am in providing care to the patient. They helped the officials with patient care and could gain practical understanding of how to provide compassionate care, support patient emotionally, and manage their comfort.



YASIFA. M from D1 botany was selected to District level Seven Day Training Programme on Disaster Management of Yuva Aapda Mitra Scheme (YAMS) held at Palakkad District Public Library on 20-04-2026 to 26-04-2026. Events held there was Ice breaking session, Yuva Aapda Mithra Programme, Snake bite awareness, forest fire awareness, awareness video screening, Crowd control, public safety and emergency management, fire rescue operations, CPR, first aid, disaster management basics, psycho social care and Behavioural skills and volunteerism. YASIFA. M successfully completed the training.



Viksit Vibrant Villages Program 2026 under MY Bharat in collaboration with Ministry of Home Affairs aims to enhance awareness and understanding among youth about the vision, objectives, and activities of the Viksit Vibrant Villages Program. The initiative seeks to encourage greater participation in nation-building, border village development, cultural exchange, youth engagement, and community-driven transformation. The online quiz will be hosted on the MY Bharat platform from 10th May 2026 to 20th May 2026 and will be open to youth across the country. NSS volunteers participated in the quiz.



NSS activities 2025-2026 was indeed a success, and we thank all who have supported us in the smooth conduct of various programmes. Our sincere thanks to Ministry of Youth Affairs and Sports, Govt. of India, NSS Regional Director Sri Y.M.Uppin sir and State NSS Officer, Govt. of Kerala Dr. Devipriya D , NSS Coordinator, University of Calicut Dr. Vijayakumar sir, Palakkad District Coordinator Mr. Muhammad Rafeek sir, Principal Dr. Sr. N.M.Louly, for all the necessary guidance and support given to us. We also thank all the organisations who have joined with us and helped us in conducting various activities during the year.